Introduction

Cover crops can be a beneficial component of organic and conventional cropping systems. Wind and water erosion protection, nutrient scavenging, pest suppression, and an increase in soil organic matter are all benefits of cover crops. Small grains (rye, wheat, barley, triticale, oats) and legumes (crimson clover, hairy vetch, Austrian winter pea) are widely used winter cover crops (Hoyt et al., 2004). Creamer and Baldwin (1999) offer numerous summer cover crops for consideration in vegetable production systems. A new group of cover crops for winter and summer use include mustards, oilseed radishes, and turnips. These crops belong to the family Brassicaceae, which also includes the vegetable crops radish, turnip, collards, broccoli, cauliflower, and cabbage. When young, these plants resemble turnip greens, are very succulent, and have a low C:N ratio, resulting in rapid decomposition when incorporated into the soil. However, if allowed to mature, bolt, and flower, they produce a large amount of biomass in a short period of time and become woody, resulting in slower decomposition than when killed at an immature stage.

Potential Benefits of Biofumigant Cover Crops

Biofumigant cover crops, including mustards and radish, produce a group of compounds known as glucosinolates. When these Brassica cover crops are chopped with a shredder or flail mower to destroy plant cells, chemical reactions convert these glucosinolates to isothiocyanates (ITCs). ITCs are used commercially in the control of numerous crop pests including nematodes, disease-causing pathogens, and weeds. The chemical fumigants V-Pam and K-Pam control pests with ITCs as described above (Anonymous 2010a, 2010b). Biofumigant cover crops may offer a natural way to fumigate soil with the use of these isothiocyanates.

These potential biofumigants become especially important with the loss of methyl bromide, a fumigant used in the production of high-value vegetable and fruit crops like tomato, pepper, and strawberry. The potential fumigant properties and the physical benefits of cover cropping make Brassica cover crops valuable in cropping systems. However, little is known about the biomass production of oilseed radish and ‘Caliente’ mustard. Therefore, field experiments were conducted in both spring and summer to determine the biomass produced by these two Brassica cover crops at three different seeding rates.
Field Experiments

Studies were conducted to evaluate oilseed radish and ‘Caliente’ mustard biomass production. Information on soil types, seeding dates, and fertilization rates are shown in Table 1. All fields were moldboard plowed and disked to prepare a smooth seed bed for the biofumigant cover crops. Pre-plant and top-dress fertilizers were applied based on soil test results and recommendations for collards and turnip greens.

Cover crops were broadcast at 3, 8, or 16 lb/a. The fields were then cultipacked immediately to firm the seed bed. Firming the seed bed proved to be a very important part of establishing these cover crops. Areas of the field missed by the cultipacker had greatly reduced cover crop emergence, even when rain or irrigation occurred soon after seeding. Although a hand seeder was used in our studies to seed cover crops, researchers in South Carolina and Arkansas have planted these cover crops with a grain drill (Norsworthy et al. 2005), offering growers another seeding option.

Plots were arranged in a randomized complete block design with three replications. Cover crop species (oilseed radish, ‘Caliente’ mustard) was the main plot and seeding rate was the sub-plot. Plot size was 15 ft by 15 ft. Biomass of all cover crops was determined several times over the growing season by hand-harvesting plants and determining dry weight per unit area.

Biomass Production

‘Caliente’ mustard biomass was not greatly affected by seeding rates (Table 2, Figures 1, 2, 3). The spring 2007 planting produced an excellent crop of ‘Caliente’, approaching 13,000 lb/a dry matter at 8 and 16 lb/a seeding rate. Conversely, dry matter production decreased for all rates at the final harvest (48 DAP) in the summer 2007 trial (Figure 3). This observation is likely due to competition for water during the flowering and pod-filling growth stages in the dry summer test conditions. Plants, too, were mature and beginning to shed leaves from the stem at the last harvest date (48 DAP). Conversely, plants from the two spring plantings were still producing vegetative growth 67 and 90 DAP.

The spring and early summer of 2008 were exceptionally dry in North Carolina, leading to decreased dry matter production in spring 2008 compared to tests in 2007 (Figure 2). Seeding rates increased biomass production throughout the harvest timings. ‘Caliente’ mustard biomass in this study was equal to rye (3,000 to 10,000 lb/a) biomass production (Clark 2007) and exceed biomass production of several legume cover crops (including soybean, cowpea, sesbania, and velvetbean) that have reported biomass production ranging from 1,200 to 4,300 lb/a (Creamer and Baldwin 2000).

Oilseed radish biomass production was generally very similar to ‘Caliente’ mustard production. However, seeding rate seemed to have more of an impact on dry matter accumulation with the oilseed radish than in ‘Caliente’ mustard (Table 2, Figures 1, 2, 3).

### Table 1. Cultural information for the biofumigant cover crop experiments. All tests were conducted at the Mountain Horticultural Crops Research Station, Mills River, N.C., 2007 and 2008.

<table>
<thead>
<tr>
<th>PLANTING SEASON</th>
<th>SEEDING DATE</th>
<th>SOIL SERIES</th>
<th>PRE-PLANT FERTILIZER N</th>
<th>PRE-PLANT FERTILIZER P</th>
<th>PRE-PLANT FERTILIZER K</th>
<th>TOP-DRESS N DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring 2007</td>
<td>March 31</td>
<td>Codorus loam</td>
<td>105</td>
<td>270</td>
<td>120</td>
<td>May 6</td>
</tr>
<tr>
<td>Spring 2008</td>
<td>April 1</td>
<td>Elsinboro loam</td>
<td>80</td>
<td>80</td>
<td>80</td>
<td>April 10</td>
</tr>
<tr>
<td>Summer 2007</td>
<td>June 21</td>
<td>Bradson gravelly loam</td>
<td>105</td>
<td>270</td>
<td>120</td>
<td>—</td>
</tr>
</tbody>
</table>

Codorus loam= fine loamy, mixed, active, mesic fluvaquentic Dystrudepts
Elsinboro loam= fine loamy, mixed, semiactive, mesic typic Hapludults
Bradson gravelly loam= clayey, parasesquic, mesic typic Hapludults

### Table 2. Statistical analyses of biomass means for the three seeding rates.

<table>
<thead>
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<tbody>
<tr>
<td>Harvest, DAP</td>
<td>43</td>
<td>51</td>
<td>59</td>
<td>90</td>
</tr>
<tr>
<td>‘Caliente’ mustard</td>
<td>ns</td>
<td>ns</td>
<td>ns</td>
<td>ns</td>
</tr>
<tr>
<td>Oilseed radish</td>
<td>ns</td>
<td>ns</td>
<td>ns</td>
<td>*</td>
</tr>
</tbody>
</table>

ns = not significant, * = significant at the 0.05 probability level for seeding rates
All sequential harvests for spring 2007 (Figure 1) and spring 2008 (Figure 2) production produced the greatest biomass at the 16 lb/a seeding rate. High seeding rates may be beneficial early in cover crop growth for some crops to help establish a quick canopy for shade and to compete successfully with weeds. Our data indicates this for the spring plantings. Other researchers report dry matter accumulation for radish ranging from 4,000 to 7,000 lb/a (Clark 2007). Oilseed radish dry matter production ranged from 3,500 to 12,000 lb/a at the termination of our studies, indicating great potential for oilseed radish biomass for a quick cover crop in vegetable growers rotation.

Figure 1. 'Caliente' biomass production in spring 2007. 'Caliente' mustard and oilseed radish biomass production in spring 2007. Seeding date was March 31, seeding rate was 3, 8, 16 pounds per acre, and harvest dates correspond to 43, 51, 59, and 90 days after planting (DAP).

Figure 2. 'Caliente' mustard and oilseed radish biomass production in spring 2008. Seeding date was April 1, seeding rate was 3, 8, 16 pounds per acre, and harvest dates correspond to 38, 55, and 67 days after planting (DAP).

Other Considerations

Prices for oilseed radish and the various brands of 'Caliente' mustard cover crop seeds varied from $2.90 per pound to more than $5.00 per pound in early 2010. With this high price per pound, applying seeding rates in the 3 to 8 lb/a range should produce adequate biomass for isothiocyanate production. Many companies that sell vegetable and specialty crop seeds may include some cover crop seeds for sale. Some companies offering Brassica cover crop seeds for sale are Siegers Seed Co., Holland, Michigan; Johnny's Selected Seeds, Winslow, Maine; Rupp Seeds, Inc., Wauseon, Ohio; and Connell Grain Growers, Connell, Washington. (This list is not inclusive.)

Like any cover crop, Brassica cover crops have limitations. Because these cover crops are closely related to important North Carolina vegetable crops, (cabbage, collards, broccoli, and greens), crop rotation limitations may exist. A grower producing cabbage may not want to use a Brassica species as a cover crop for fear of disease and insect pests in the cover crop affecting the cabbage crop. However, growers producing vegetables not related to the Brassicas, such as tomato, pepper, squash, and melons, or row crops such as corn, cotton, soybeans, wheat, and tobacco, can include Brassicas in a rotation without fear of any pests moving from the cover crop to these marketable crops. Biomass production can be beneficial for the nutrients recycled, carbon added to the soil organic matter pool, and isothiocyanate produced for potential pest reductions.
References


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